

# What's on the Menu?

## Clawson Elementary School Salad Bar for October 1-31, 2024

A full student lunch includes a choice of entrée supplying protein and grain, up to two (2) vegetable side dishes, two (2) fruit side dishes, and low fat milk (white and chocolate). *Italics indicates vegetarian options.*

Monday	Tuesday	Wednesday	Thursday	Friday
	<b>1</b> Spinach & Romaine Cherry Tomatoes Red Crunchy Grapes Fruit Cocktail	<b>2</b> Caesar Salad Garbanzo Beans Apple Slices Craisins	<b>3</b> Spinach & Cranberries Carrot Sticks Fresh Banana Pineapple Tidbits	<b>4</b> Colorful Tossed Salad Cucumber Slices Fresh Pear Applesauce
<b>7</b> Chopped Romaine Red Pepper Strips Gala Apple Slushy Day!	<b>8</b> Romaine Salad Cherry Tomatoes Red Crunchy Grapes Tropical Fruit	<b>9</b> Caesar Salad Celery Sticks Apple Slices Raisins	<b>10</b> Spinach & Cranberries Carrot Sticks Orange Smiles Pineapple tidbits	<b>11</b> Colorful Tossed Salad Cucumber Slices Fresh Pear Diced Peaches
<b>14</b> NO SCHOOL TODAY	<b>15</b> Romaine & Spinach Cherry Tomatoes Fresh Banana Fruit Cocktail	<b>16</b> Caesar Salad Garbanzo Beans Apple Slices Craisins	<b>17</b> Spinach & Cranberries Carrot Sticks Red Crunchy Grapes Diced Peaches	<b>18</b> Colorful Tossed Salad Cucumber Slices Fresh Pear Apricots
<b>21</b> Chopped Romaine Red Pepper Strips Gala Apple Fruit Cocktail	<b>22</b> Romaine & Spinach Cherry Tomatoes Orange Smiles Diced Peaches	<b>23</b> Caesar Salad Celery Sticks Apple Slices Raisins	<b>24</b> Spinach & Cranberries Carrot Sticks Fresh Banana Diced Pears	<b>25</b> Colorful Tossed Salad Sliced Cucumbers Fresh Pear Applesauce
<b>28</b> Chopped Romaine Red Pepper Strips Orange Smiles Slushy Day!	<b>29</b> Spinach & Romaine Cherry Tomatoes Gala Apple Tropical Fruit	<b>30</b> Caesar Salad Garbanzo Beans Apple Slices Craisins	<b>31</b> HALF DAY TODAY	

*Please Note: Due to nationwide disruptions in the food and supply chain and based upon manufacturer and distributor product availability, this menu is likely to change with minimal notice.*

Find menus, nutrition, allergen information and more online, or on your phone!

Download School Menus from Nutrilice to your smartphone by visiting the App Store, or at [clawsonpublicschools.nutrilice.com](http://clawsonpublicschools.nutrilice.com)

**Questions or Comments?**  
 Please contact Melissa M. Long  
 Food Service Director, at  
 248-655-4261.