

## IMPORTANT TERMS

**Infectious period** for COVID-19 begins 2 days (48 hours) before symptoms start or 2 days before the test was collected if the case has no symptoms.

**Close contact** for COVID-19 is being within 6 feet of a case for 15 minutes or more, cumulative over a 24-hour period. OCHD typically considers the case's entire classroom to be close contacts in childcare settings.

**Case** is a person with COVID-19.

### **Quarantine vs. Isolation:**

- **You quarantine** when you might have been exposed to the virus and may or may not have been infected.
- **You isolate** when you are sick or when you have been infected with the virus, even if you don't have symptoms.

## RESPONDING TO COVID-19 IN CHILDCARE & PRESCHOOL

Very young children may be unable to mask or still learning how to wear their masks correctly, and children aged 4 and younger are not yet eligible for vaccination. Young children are usually moving around and interacting rather than seated at desks, so social distancing is more difficult to sustain than in a K-12 setting. For these reasons, we typically recommend quarantining a case's entire class when there is an exposure in a childcare setting. Quarantine and isolation length will depend primarily on the person's symptoms and whether the person is able to wear a mask when they return.

### **General guidance for staff and children**

#### Isolation (for people who have COVID-19)

- **Staff and children** should
  - Isolate at home for at least 5 days
  - If symptoms have improved after 5 days at home and the person has been fever-free for 24 hours, they may return on day 6 with a well-fitting mask
  - If the person still has symptoms after 5 days at home, they should stay home for at least 10 days
  - People who are unwilling/unable to wear a mask should stay home for 10 days
- Cases that return after 5 days should avoid people who are immunocompromised or at high risk for severe disease until after at least 10 days.

#### Quarantine (for people who have been in contact with someone who has COVID-19)

- Children and staff who are unvaccinated or have not received recommended boosters should quarantine following a COVID-19 exposure.
- Children and staff may complete a 5-day quarantine (return on day 6 if asymptomatic).
- OCHD recommends obtaining a negative viral (rapid antigen or PCR) test before returning to school.
- Individuals returning from quarantine should wear a well-fitting mask around others through day 10.
- If a case was not at school during the infectious period (48 hours prior to symptoms or test), the case should stay home but classmates do not need to quarantine.

## REPORTING CASES TO OCHD

Use the [spreadsheet](#) to report a case and email completed form to [ochd-k12schools@oakgov.com](mailto:ochd-k12schools@oakgov.com). Contact Oakland County Communicable Disease Unit at 248-858-1286 if unable to use spreadsheet or for any questions.

- Complete and submit a [reporting form](#) for each child or staff member who has COVID-19. This includes those who have tested positive on PCR tests, rapid tests, or at-home tests.
- If any of the case's center-related contacts test positive or develop symptoms during quarantine, submit another [reporting form](#). You may leave the close contact section blank if there are no new close contacts.
- You do not need to report cases among parents/household members of children.
- Note that the form will automatically calculate a 10-day quarantine for all close contacts. Some contacts may be eligible for shortened quarantine, see above for more information.

Reporting Positive COVID-19 Cases and Identifying Close Contacts in Schools Spreadsheet									
Once completed, please email this form to: <a href="mailto:ochd-k12schools@oakgov.com">ochd-k12schools@oakgov.com</a>									
<div> <div> <p>Today's Date (mm/dd/yyyy): 1/28/2022</p> <p>Confirmed Case Name:</p> <p>Confirmed Case DOB:</p> <p>Confirmed Case Address:</p> <p>Case Phone Number:</p> <p>MDSS ID (for OCHD use):</p> <p>Grade &amp; Teacher (if student):</p> <p>Role (if staff):</p> <p>Extracurriculars:</p> <p>School:</p> <p>School Contact Name:</p> <p>School Contact Phone:</p> <p>School Contact Email:</p> <p>Name/address of test location:</p> <p>Last Day Attended School:</p> </div> <div> <h3>Instructions</h3> <ol style="list-style-type: none"> <li>1. Download the reporting form</li> <li>2. Fill out the fields in the blue boxes (top portion of the form)</li> <li>3. Identify close contacts and document below</li> <li>4. Save the document. Provide a unique file name to ensure information is saved correctly</li> <li>5. Email to <a href="mailto:ochd-k12schools@oakgov.com">ochd-k12schools@oakgov.com</a></li> <li>6. Include the district and school name in the subject line</li> </ol> <p><b>NOTE: Please use a different reporting form for each case.</b></p> </div> <div> <p>Symptom start date (mm/dd/yyyy):</p> <p>(if asymptomatic, use test collection date.)</p> <p>List contacts since this date:</p> <p>(48 hours prior to date listed above.)</p> </div> </div>									
<p>*Please note, quarantine may end after day 10, but students must continue to monitor for symptoms through day 14</p>									
#	Close Contact Name (ex. Last, First)	If Minor: Parents Name	Primary Phone Number	Date of Last Exposure	Quarantine End Date*	Return to School	Source of Exposure	School Notes	OCHD Notes
1	Doe, John	Jane Doe	248-858-1286	11/20/2020	11/30/2020	12/1/2020	Choose from List		
2									
3									
4									
5									

This is an evolving situation and information/resources will be updated as available at [www.oakgov.com/covid](http://www.oakgov.com/covid). Our Nurse on Call is available at 800-848-5533